

Bronze Medallion

The Surf Bronze Medallion is the minimum requirement that active members must complete if you wish to become members of any surf club. Prerequisites for the Bronze Medallion are:

- Be a minimum of 15 years old on the date of final assessment
- To have completed a 400m swim in nine minutes or less before any training starts in the surf

A reasonable level of fitness is required as candidates must perform simulated ocean rescues using a variety of equipment (rescue boards and rescue tubes). Skills taught are detailed resuscitation and patient care, first aid, radio procedures and communication, and surf knowledge, basic oxygen, patrol scenarios and lifts and carries.

At the completion of your Bronze Medallion you will be a qualified patrolling member and be required to join a patrol team each season. You will be an independent patrol member and have the ability to apply your newly learnt skills in a practical setting on patrol and give back to the community.